

Making Cycling Safer

By Catana Brown – President



As road cyclists, we are all too familiar with the hazards associated with our interactions with motorists. Most everyone has experienced a close call and some of us, myself included, have actually been hit. However recent events have resulted in not only discussions but also commitments to action.

Mayor Pro Tem Billie Orr called a special meeting to discuss bicycle safety following several motorist/cyclist accidents in Prescott. Two of the accidents involved Bike Prescott members, Mike Bugni and Cindy Alward. The meeting included Mayor Pro

Tem Billie Orr, City Manager Michael Lamar, Lieutenant Jason Small from the Prescott Police Department, Craig Dotseth representing Traffic Engineering, Bill Fanelli the chair of the Pedestrian, Bicycling and Traffic Advisory committee [PBTAAC] (and Bike Prescott Board member) and myself as President of Bike Prescott. As you may remember I asked for suggestions for ways to make cycling safer in Prescott and many of you responded. I put these suggestions together into a memo that the participants received prior to the meeting. In addition, Bill Fanelli included a very detailed memo with specific suggestions.

Everyone in attendance was interested in making the roads safer for cyclists. Lieutenant Small said that there were ten reported bicycle/motorist accidents since July - six in which the motorist was at fault and four in which the cyclist was at fault. He explained that when the motorist is at fault the most often issue is visibility. In the case of cyclists, the most common issues are riding against traffic, riding on sidewalks and riding through intersections. This information is helpful in our own defensive actions. Although experienced recreational cyclists are unlikely to ride on the sidewalk or ride against traffic, there are actions we can take to ride more safely through intersections and things we can do to be more visible. As a club, we have promoted and now almost universally ride with rear blinking lights. A next step is to purchase front strobe type lights which have the potential to make us more visible to oncoming traffic and cars making left turns. *(cont'd Pg. 2)*

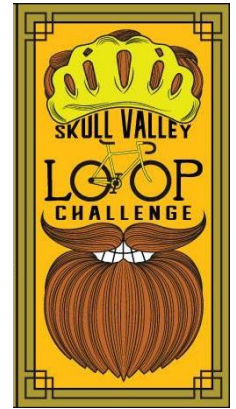
Pedal the Petrified

By Leslie Clauson

Have you ever wondered why you ride? You know? There are always aspects of a ride, and you know this, that either enrich the experience or derail it. However, even a derailment can enrich our experience. Our small group of Bike Prescott riders experienced the full range of occurrences on Saturday, September 15th at Pedal the Petrified.

Pedal the Petrified, a non-competitive tour ride in the Petrified Forest National Park, is organized by Northland Pioneer College Friends & Family and raises scholarships for students at Northland *(Cont'd. Pg 4)*

Skull Valley Loop Challenge!



Time flies and so do the stars of the 2018 Skull Valley Loop Challenge. It seems like just yesterday we were preparing for the 2017 installment of this favorite local event. Bike Prescott had approximately twenty riders this year and the largest team – a great showing!

The top finisher overall was Prescott's Paul Fabian at 2:15 and Chloe Woodruff was the first female at 2:27 for a 5th overall finish. Michael Sallinger, aka "Vegan Mike" was Bike Prescott's top finisher at 2:43 and fourteenth overall. He was followed by Thomas Kirkpatrick with 2:50, and Kelly Macauley at 2:54 to round out our top three men.

Leading the women were Tana Brown at 3:14, Elizabeth Dillon at 3:18, and Deborah Cox at 3:35. We're proud of all of you!!

Thanks to Prescott Alternative Transportation (P.A.T.) and all the volunteers who helped make this event a success. A special thanks to the Bike Prescott Wilhoit Aid Station Volunteers who always provide cheerful relief when it's needed most. Our cheerful team was led by Linda and Richard Amendola, and included, Merrill and Randy Stockton, June Cottingham, Guy Prichard (and Hartley-the-dog) cyclists wanted a pull up the Spars), Denise Thomas, Barbara Pollack, Val Boyer and Therese Kirkpatrick.

It's not too early to begin training for 2019!



Wilhoit Helpers: Linda, Merrill, and Denise

Making Cycling Safer *(Cont'd from Pg 1)*

Most encouraging were the promises made by the city and the police department to make motorists more aware of cyclists. Lieutenant Small identified several things the police department could do including Public Service Announcements on rules of the road and a "Frequently Asked Questions" publication to clarify traffic laws for both cyclists and motorists. This is something that will developed with input from Bike Prescott.

The city already has a contract to increase the number of bicycle lane symbols and acknowledged the need to make this happen.

In addition, there was interest in adding signage that elucidates Arizona's 3 feet law. The city representatives also discussed purchasing blinking lights for bicycles and making them available free of charge to cyclists in exchange for information on bike safety (e.g. the publication provided by ADOT).

These are first steps. Cyclists have a strong presence in the city's government with Bill Fanelli's role on PBTAC. Moreover, there will be many opportunities for your personal involvement. Bike Prescott will continue to make you aware of opportunities such as the recent hearing on a texting while driving ban in the county. The club through Deborah Cox's role as Ride Leader Coordinator has instituted many practices to increase bike safety and will stay on this issue.

We are happy that Cindy and Mike are on the mend. Let's all do what we can to take care of each other and keep pedaling.

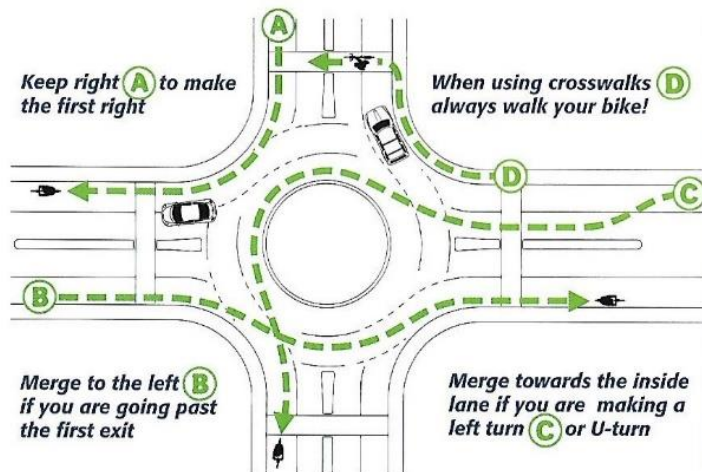
→ all the better, as the group will be shorter than the same number of cyclists riding single file.

Bikes entering a traffic circle should take a highly visible position in the lane and not try to skirt the edge. I've found that if a traffic circle has two lanes, it's less confusing to everyone when cyclists stay in the right-hand lane. This is because regardless of where you exit the traffic circle, you will be exiting to the right. Changing lanes in a traffic circle can be dangerous.

One thing uniquely tricky about traffic circle is having to watch for vehicles crossing your path to exit or enter the roundabout. It's easier to anticipate what a vehicle in front of you is going to do because you can see where it's pointed. But if there are vehicles beside or behind you, signal your intention, look around and attempt to determine whether or not you have that driver's attention and cooperation.

SAFETY: Round & Round We Go!

By Wayne Wright and Deborah Cox



Roundabout... Traffic circles are becoming more common in our area, which means more cyclists will be navigating them. How can we do this safely and with confidence?

Bicycles should ride roundabouts the same way motorists do. When entering, slow down, yield to vehicles already in the roundabout, wait for a gap in traffic and merge.

It's always a good idea for bicyclists to stay together when passing through an intersection, and traffic circles are no exception. Car drivers find one "unit" easier to track than scattered individuals. If the group can ride double file, →

...and Roundabout

(another perspective from BP Safety Committee)

Thanks, Wayne. It's easy to understand why you prefer cyclists stay in the right lane when riding through roundabouts. But, check out what it says about this in the ADOT Arizona Bicycling Street Smarts booklet. "...keep right if you're going to turn right at the first exit. But if you're going past it, move toward the inside (left lane) as you enter. Merge back to the outside (right lane) as you approach your exit." Interesting. Their diagram makes it clear that they think cyclists should leave the right lane and then return to the right lane before exiting. Their rationale seems to be that cyclists can in this way avoid crossing roundabout entrances and exits where entering and exiting motorists might not see them.

The diagram to the left shows how ADOT thinks cyclists should ride.

So, as usual, there's lots to consider. And, while the specifics of each situation will help riders make choices regarding how they can best share the road in a roundabout, everyone seems to agree on the importance of following the same traffic laws as motor vehicles, establishing a highly visible position in whatever lane you have chosen and riding defensively and attentively.

Ride Smart and stay safe.

North Rim 2018!



Everyone, minus some early-birds, ready to go.

Where do you find great people, great riding, great food, a blind whiskey tasting, the best SAGs in the world, and “entertaining” music? The North Rim, of course! The Sixth Annual Bike Prescott North Rim Trip promised even more fun and it did not disappoint. About 35 cyclists plus invaluable SAG volunteers made epic weekend memories.

Friday night at Jacob Lake began with a blind whiskey tasting. No, there were no blind-folds, but Tana prepared blind evaluation surveys for the samplers to complete. Tray after tray of anonymous shots of whiskey were brought to the brave tasters who used their discriminating palates to rank the various distillations ranging in quality from bargain basement favorites to classy, smooth versions. Round after torturous round, the volunteers suffered through the event while onlookers reveled in the spectacle. When the scores were tallied, the team of experts awarded non-other than Buffalo Trace (Madam's Pres' favorite) the Bike Prescott Gold Medal. How *conveeeenient*.

Perfect weather greeted us Saturday morning as we rode to Imperial Point for a well-timed lunch, and then on to the North Rim. After a day of rest or exploration on Sunday, an enthusiastic crowd of fans were treated to the Bike Prescott Band playing some familiar, and new tunes, with special limericks written by Jim McCarver. I hear tickets are already selling quickly for next year's performance.

Monday morning it was back on the bike for an easier return ride back to Jacob Lake (sans Imperial Point) and home, to dream of North Rim 2019.

This amazing weekend would not be possible without the careful planning by Tana and the help of our wonderful SAG team: Kathy Berman, June Cottingham, Barbara Pollack, Lauren Berman, Loren John Battiest, Jim Lang along with daughter, Christel, and Katrina Wolff.

E-Bike Tsunami Floods Bike Prescott!

By James David Price

If you've been gasping for breath on a long uphill climb — Go ahead, you can admit it here among your fellow cyclists — and a rider goes cruising past you with a friendly wave (and a slight humming sound), it is altogether likely that you've just been victimized by a happy-go-lucky e-biker. And they are proliferating.

Within the friendly confines of Bike Prescott, there is a growing number of folks who ride e-bikes, either as their primary steed for most rides — think →

→ Max Davenport on his Specialized bike or Chuck Miller on his Trek or Karen Fanelli on her Haibike — or as a means of every-day transportation around town — like Wayne Wright — or as an alternative to “regular” cycling, which allows a person to ride farther or more often or through otherwise-difficult terrain) — such as Kris and Brad Parsons, Pam Bettis and David Price, and the unofficial B.P. e-bike cult leader, Bill Fanelli. Rumor has it that Neil Tewes' wife, Diane, may be the most recent convert to be persuaded by the advantages of the e-bike.



E-bikers: Kris, Leslie, and Pam climb Walker Rd.

For those who are not familiar with electronic-assist cycles, you should know that the “assist” portion of the label accurately characterizes their nature. Powered by a battery that can provide various levels of electronic boost, all e-bikes known as “pedelecs” still require some degree of exertion from the rider. (Caveat: One class of e-bikes, which actually utilizes a throttle, is not dependent on human effort for propulsion.) The two classes of true pedelecs both have built-in governors that cut out the assist from the battery at pre-set speeds — either at 20 miles per hour (which is the speed above which California defines a device as a “motorized vehicle” for legal purposes) or at 28 miles per hour.

Here in Prescott, e-bikes can be purchased from both Ironclad and High Gear. These shops carry e-bikes by Haibike (a German company), Trek, Electra, and Specialized.

Most recently, Yamaha (which had previously manufactured the batteries and motors used by many e-bike companies) has entered the market (See pg. 4)

E-Bike Tsunami *(Cont'd from Pg 3)*

with its own line of e-bikes, now available through Ironclad. And, of course, e-bikes from any number of companies are available from bike shops throughout the country.

E-bikes have become enormously popular as rental vehicles in tourist areas. They have increasingly been making appearances on cycling tours around the country. And they now even have their own competitive category at some major bicycle races (such as the Sea Otter Classic in California).

Old-school cycling "purists" may look askance at the recent wave of e-bikers, but there are definitely major pluses to this alternative form of locomotion. Many individuals who may not have otherwise been able to take part in cycling events or who might have had to participate at a great disadvantage can now be included in many events, courtesy of this "great equalizer." And, most importantly, e-bikes allow cyclists of all ability levels to just have fun and enjoy the adventure of riding. In the words of the erstwhile Mr. Fanelli, "If this is cheating at having fun...count me in!"

PEDAL THE PETRIFIED *(Cont'd from Pg. 1)*

Pioneer College, a small community college serving all of Navajo and Apache counties in northeastern Arizona. The event features both Metric Century and Metric Half-Century routes

The Petrified National Forest and the Painted Desert are breathtaking. Named for its large deposits of petrified wood, the semi-desert shrub steppe, sparse vegetation, deposits of soft sedimentary rocks and clay-rich soils are highly eroded and appear as colorful badlands. From a paleontological point of view, one could imagine a dinosaur appearing on the horizon, or from the petroglyphs, seeing a tribe of ancient peoples.

From early morning, our Bike Prescott members experienced the magnificence of the sunrise over the Painted Desert, the geological wonder of the badlands, perfect weather conditions while overcoming physical and mechanical difficulties and knowing the satisfaction of helping others. Our jerseys and T-Shirts embodied the same artistic beauty of the National Park.

The park entrance and the start of the ride is 26 miles east of Holbrook, Arizona. Located further west in nearby Winslow along Route 66, La Posada, a charming historic hotel, boasts of beautiful architecture, contemporary art, history of the American west and gourmet food in the Turquoise Room. Gathered around a table, the Bike Prescott group toasted a great day had by all.

Whether you rode to be immersed in the magnificent beauty of the high desert terrain, the challenge of completing a metric century – as the story will



Heather, David, Pam, Kris, Brad, Leslie at PTP.

be told - or completing one with the strength and speed you did not know you possessed – or not, the experience with your good friends at Pedal the Petrified met all the qualifications of an exhilarating ride experience, a ride inspiring the next one.



Saturday, October 6, 2018 | 10am – 3pm*

Yavapai College – Prescott Campus – 1100 E Sheldon St., Supai Lot

Yavapai College is conducting its first annual Bike Rodeo and Safety Fair. ***Set-up is from 8-9am.**

We want to support this event and it's clear that we can't start too early when teaching children about bicycle safety, not to mention exposing parents to important safety measures as motorists. Even if these children don't maintain a passion for cycling into adulthood, they will become motorists. It's win-win opportunity.

Watch Meetup for a posting and plan to come help at one of many bike safety stations (helmet check, start/stop skills, traffic signs, bike inspections, etc.).

Come for the Farmers' Market. Stay for the Rodeo!

NEXT BIKE PRESCOTT MEMBERSHIP MEETING Nov 9: Elections & Chloe Woodruff Visit

By Catana Brown - President

Don't miss the next membership meeting on November 9 at Guacamaya's. We will hold elections at the meeting for board positions. We have three open positions and individuals that have volunteered to run for the positions – Treasurer – Steven Pollock, Secretary – David Price and Clothing Coordinator – Pam Bettis. If you would like to run for one of these positions, please let me know before the meeting.

Most of the evening's meeting will be dedicated to hearing from our resident professional mountain biker – Chloe Woodruff. Chloe represented the US in the 2016 Olympics and currently races worldwide.

Texting & Driving: ORDINANCE 2018-1

Bike Prescott members Bill Fanelli, David Harris, David Price, Pam Bettis, and Pat David attended the first hearing on restrictions to using "portable communication devices and texting while operating a motor vehicle". It appears that the Yavapai County Board of Supervisors is behind this ordinance, but we need to press our state legislators. Write or call:

Karen Fann: kfann@azleg.gov
David Springer: dstringer@azleg.gov
Noel Campbell: ncampbell@azleg.gov
Governor Ducey: 800-253-0883.

Membership Update

We currently have 129 members paid for 2018, 15 since June!

PLEASE WELCOME NEW MEMBERS!

Eric Appeldoorn	Thomas Dix	Jake Jackson
Max Boyer	Mary Everhart	Karen Rahne
Rick Burd	Cheryl Gall Mark	Bill Stephens
Brian Busby	Hammond	Andrea Tesch
Jeanine Dix	Jimmy Hart	Charlie Tesch

If you would like to join Bike Prescott, please go to: <http://bikeprescott.org/>. Just scroll to the "Join Bike Prescott Today" section and complete the form. You can pay the \$20 fee with a credit card or PayPal.

4th QTR 2018 MEMBER BIRTHDAYS!

We will celebrate with a cake at the 11/9/18 membership meeting.

10/2 Dan Munsell	11/20 Neil Tewes
10/4 Jerry Baker	11/24 Eileen Macauley
10/5 Randy Stockton	11/24 Bill Stephens
10/10 Steve Huddleston	11/26 Kris Parsons
10/11 Steve Alward	11/26 Ken Skinner
10/12 Rob Johnson	11/26 John Steward
10/17 Cheryl Gall	11/28 Leslie Clauson
10/20 Dale James	12/7 Mike Bugni
10/21 Marc Hammond	12/13 Margaret Starnes
10/24 Lisa Rosen	12/14 David Dornbrush
10/25 Brad Parsons	12/18 Edward Delgros
10/26 Neil Hammond	12/29 Christopher Iriarte
10/27 Thomas Kirkpatrick	12/29 Sarah Tomsky
11/1 Max Davenport	12/31 Steve Thomas
11/5 Saylor Russell	

If you have a fourth quarter birthday and don't see your name here, it means that we don't have your birthday information. To update your record, please send birthdate (year optional) to krisalope@yahoo.com. Thanks!

MARK YOUR CALENDARS!!

Oct 3: 9:00am - Ordinance 2018-1 Hearing
 Oct 6: 10am-3pm – Yavapai College Bike Rodeo
 Oct 14: Octoberfest Ride
 Nov 9 – Membership Mtg: Elections & Guest Chloe Woodruff
 Nov 10: Tasting Cruise

Contact Us:

bikeprescott2015@gmail.com
www.bikeprescott.org



Follow us on our FB Group Page
 and Meetup.com

What the Heck? Come-Back Kids (TOO MANY!)

In the last couple of months we've had a rash of injuries with two involving motorists. Cindy Alward was struck by a motorist on White Spar as she was riding to work. She suffered a broken clavicle, cracked ribs, a concussion and was badly bruised. Cindy is still recovering but thankfully we can see her smiling face back at the shop.

Mike Bugni was struck by a car at the intersection where White Spar becomes Montezuma. Mike suffered no broken bones but his bike wasn't so lucky. You'll find Mike on his gravel and mountain bikes these days while a new road bike is in his future.

Both Pam Bettis and Dave Hardy experienced two separate falls during the same gravel bike ride. Dave cracked his ribs and Pam ended up with two serious cuts to her arm – one requiring internal stitches! Both are back on the bike, thankfully!

Just this past Monday, Jeff Williams crashed on a gravel ride and suffered an extreme cut to his chin – to the bone – and another cut to his arm. Jeff says "I look much worse than I feel...!"

And finally (whew), Dan Fallon is recovering from knee replacement surgery and plans to be back in competing form by February as he races in the Pace Bend Ultra in Austin, TX.

But no! Wait! What the heck? Just today, one of our newest members, Denise King fell and broke her clavicle!

Best wishes to all as you recover.



Velominati
 KEEPERS OF THE COG

Ever here of the Velominati Rules? Now you will! As space allows, we will list some of *The Rules* in our newsletter. Someday we should have an award for the members that break the least and the most rules.

- **Rule #1: Obey the Rules**
- **Rule #2: Lead by Example.** It is forbidden for someone familiar with The Rules to knowingly assist another person to breach them.
- **Rule #3: Guide the Uninitiated.** No matter how good you think your reason is to knowingly breach The Rules, it is never good enough.
- **Rule #4: It's all about the bike.** It is, absolutely, without question, unequivocally, about the bike. Anyone who says otherwise is obviously a twatwaffle.
- **Rule #5: Harden The F*ck Up!**

If you can't wait until the next issue for more Rules:

<http://www.velominati.com/the-rules/>